

FACILITATING WELLNESS THROUGH ALTERNATIVE THERAPIES

Life is more demanding and complex than ever before. Stress has become one of the greatest challenges and cause of illness. People in all walks of life have formed habits that are not helping them live positive, productive lives. Time management has become an outstanding stressor and many people are struggling to live a win/win life, yet they live with illness, anxiety, depression and daily concerns.

Learn the Wellness Way by helping your client with multiple neurotechnical, sensorial approaches. This will provide you with high-tech approaches to wellness and mental function. Wellness is present when there is a mental and physiological balance in the mind and body. Helping others find and keep this balance will make you an innovator leader in your field. The Wellness Way utilizes light, sound and color to diagnose and change attitudes and behavior. Understanding chakra colors and their relationship to wellness is exciting and rewarding.

Join us for a day of learning as you utilize sensory input to change behaviors related to trauma, grief, pain, abuse, abandonment, anger and other mental challenges. Help your clients:

1. Establish purpose
2. Choose options for change
3. Improve Communication
4. Diminish judgmental attitudes
5. Fulfillment by successfully traveling through boundaries for a fuller life
6. Cessation of fearful behavior
7. Development of an inner calmness
8. Maintain a wellness approach to life

Be the first to combine state-of-the-art light, color and sound, sensory input in you practice and reap the benefits of affecting changes quickly. Help them walk through those issues that threaten wellness by becoming their own "change agents". Use this innovative knowledge to be the first in your area to coach wellness through facilitation.